Flavours of the Caribbean

From upscale wining and dining to the famous fish fry, Barbados may very well be a foodie's paradise PAGE 9

IT'S SCARY STUFF, BUT IS IT HORROR?

JEFFREY DEAN MORGAN SAYS THE POSSESSION IS A FILM ABOUT CHARACTER, NOT GORE PAGE 7

SASKATOON metro®

Wednesday, August 29, 2012

News worth sharing.

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It's not easy being green

Team spirit. 'RiderGirl' talks about her upcoming show and what it's like to be a Riders fan outside of Saskatchewan

JEFF MACKEY
Metro in Regina

Colleen Sutton is a serious contender for biggest Saskatchewan Roughriders fan on Earth, and she has a one-woman show to attest to that.

RiderGirl — Sutton's tribute to the Riders — is making its Saskatchewan debut on Thursday night in Regina.

Sutton was raised in Regina, but has lived in Ottawa since 1999. She says it isn't easy staying a fan when you're so far away. She is ecstatic to be bringing her show to Regina and hopes she will be able to take it to Saskatoon some time soon.

"In terms of the CFL, I live in the boonies," said Sutton. "You can't really even buy CFL gear in Ottawa."

Sutton says she is often forced to watch Riders games by herself, something she would have never dreamed of in Regina.

"When I'm away for longer and longer from Regina, every time I watch a home game I was just like, 'Look at the crowd and look at Rider Nation!' and I missed it — it has always been my connection to home," said Sutton.

Perhaps that is why she insisted that her show be as spirited and fun as a Riders home game. Audience members get a $5 discount off their ticket if they are sporting CFL gear.

"The idea was that wherever it goes it will bring people out in their colours," said Sutton.

"That is what I love about the Grey Cup — it doesn't matter how your team fared in that season; people show up in their colours."

RiderGirl will run Thursday and Friday at Artesian with a tailgate party at 7 p.m. and the show starting at 8 p.m. Tickets are $20, or $15 for people in CFL gear.

Follow Jeff Mackey on Twitter @MetroJeffMackey

Colleen Sutton brings her show RiderGirl to Saskatchewan for the first time on Thursday. CONTRIBUTED/ANDREW ALEXANDER

Superheroes in the sky

The Easter Seals Drop Zone fundraiser saw participants rappelling from the top of the Carlton Tower PAGE 2

'We can learn from the past'

Norway's prime minister apologizes for shortcomings in official response to last year's massacre PAGE 4

Raonic rallies for victory

Canadian Milos Raonic moves on to Round 2 at the U.S. Open after a hard-fought five-set win PAGE 11

NEWS 1

Easter Seals superheroes dot Saskatoon skyline

Drop Zone fundraiser.
Organizers ecstatic with community support

MORGAN MODJESKI
morgan.modjeski@metronews.ca

Real-life superheroes could be found in downtown Saskatoon on Tuesday as a number of masked and unmasked participants rappelled 22 storeys from the top of the Carlton Tower for the Easter Seals Drop Zone fundraiser.

Mona Loshack, the event's planner, says the fundraising goal of $127,000 has already been exceeded. Funds raised by the Easter Seals Drop Zone go toward giving children with disabilities the opportunity to go to camp.

"These kids look forward to camp all year round," said Loshack. "It's the only barrier-free camp of its kind in Saskatchewan. so they can do regular camping activities, like waterskiing, basketball, rustic camping — the works — they can do it all there and they love it."

Alongside providing children with an experience they wouldn't be able to get because of accessibility issues, she said the event itself continues to grow every year.

"It's overwhelming how committed all of the superheroes are. They've just gone above and beyond with their fundraising, with their costumes, with their stories — it's just been phenomenal."

A long way down

Taking the leap

Whitney Graves and Nikki Haberstock were at the event to rappel as a team and both said they were a little anxious about going over the edge.

"It's not my first time, but I'm still a little nervous — it's hard to not be nervous 200 feet in the air," said Graves. Her teammate Haberstock agreed, saying. "I'm a little nervous; you have to put all your trust in a rope."

The Easter Seals Drop Zone's next stop is in Edmonton on Sept. 4. **METRO**

Whitney Graves leans back over the top of the Carlton Tower in downtown Saskatoon as she prepares for her rappel Tuesday morning during the Easter Seals Drop Zone fundraiser. MORGAN MODJESKI/METRO

Endangering aircraft charge withdrawn

Maygan Sensenberger is seen on Tuesday outside the Saskatoon provincial courthouse, where the charge of endangering the safety of aircraft against her was dropped. MORGAN MODJESKI/METRO

One of the most serious charges against Maygan Sensenberger, the 23-year-old wife of 69-year-old Manitoba Senator Rod Zimmer, has been withdrawn.

Sensenberger, who was originally charged with endangering the safety of aircraft and causing a disturbance, will now only be charged with causing a disturbance and uttering threats.

According to defence attorney Leslie Sullivan, the endangering charge was one of the heaviest against Sensenberger.

"It was indictable — so it would be more serious, yes," Sullivan told media outside of the courthouse.

Day in court

Sensenberger is back in court Wednesday at 2 p.m.

She explained, "What happens is we've just adjourned it to tomorrow afternoon, Mr. Miazga (the prosecution lawyer) and I need to review more disclosure that's still ongoing."

Court documents explain the new charge against Sensenberger is to "utter a threat to Rod Zimmer to cause death to Rod Zimmer."

According to a press release from the Saskatoon Police Service, Sensenberger was arrested in Saskatoon last Thursday after police received a call about a disruptive passenger en route to Saskatoon.

Police were asked to attend the scene and an investigation revealed she had "been disruptive and threatening to persons on the aircraft."

However, Scott Wright, a witness to the incident, said the reason why Sensenberger was upset was because Zimmer was experiencing tightness in his chest and noted that although she was distraught, she didn't come off as threatening.

No one was injured in this incident and the safety of the aircraft was not compromised. **MORGAN MODJESKI/METRO**

Mobile news

Is this the world's tiniest bicycle? Scan the code to see how one man rode an itty, bitty bike to international fame.

Fatal crash

Minivan rollover kills 7-year-old from Storthoaks

A child was killed and five people were injured in a highway crash in southeastern Saskatchewan.

Mounties say they initially thought two vehicles were involved, but it turned out to be one minivan that rolled over Monday night on Highway 318, about 10 kilometres north of Carnduff.

A seven-year-old girl from Storthoaks, Sask., died at the scene, while a 15-year-old girl, a 36-year-old woman who was the driver and a 14-year-old male from the Storthoaks area were taken to hospital in Regina.

Police say there were two families in the minivan — one from Wheatley, Ont., and the other had recently moved to the Storthoaks area from Wheatley.

The injured from Wheatley are an eight-year-old boy and a 41-year-old woman, as well as a one-year-old boy, who was uninjured.

Police say not all of the occupants of the vehicle were wearing seatbelts. **THE CANADIAN PRESS**

Parking-lot theft

Teen admits to stealing elderly woman's purse

A teenaged boy has admitted to pushing an 80-year-old woman to the ground and stealing her purse in a parking lot in central Saskatchewan.

The boy, who is 15, pleaded guilty Monday in Yorkton court aggravated assault, theft, and other matters unrelated to the mugging on July 2. Mounties say the woman had serious injuries and had to go to hospital for treatment.

It happened in the Parkland Mall parking lot.

The boy is scheduled to appear in Yorkton court again on Oct. 16 for sentencing. **THE CANADIAN PRESS**

Report's finding

Temple killer had alcohol problems

The man who killed six Sikhs at a Wisconsin temple had a history of alcohol problems, says a report released Tuesday. Wade Michael Page, 40, died after shooting himself in the head. THE ASSOCIATED PRESS

Camouflage suit

'Fake Bigfoot' killed by cars

A man dressed in a military-style ghillie suit who was apparently trying to provoke reports of a Bigfoot sighting was struck by two cars and killed in northwest Montana.

Ghillie suits are a type of full-body clothing made to resemble heavy foliage and used to camouflage military snipers.

Randy Lee Tenley, 44, of Kalispell "was trying to make people think he was Sasquatch so people would call in a Sasquatch sighting," Trooper Jim Schneider was reported as saying.

"I haven't seen or heard of anything like this before. Obviously, his suit made it difficult for people to see him." THE ASSOCIATED PRESS

Cocaine claimed

Not only cheques in the mail?

Officials say a New Jersey letter carrier used her mail route to courier packages of cocaine for drug traffickers. Bail was set at $100,000 for Christina Nunez, 30, in a Newark court Tuesday. THE ASSOCIATED PRESS

Buyer shocked

Storage unit hid body parts

Brains, hearts and lungs of about 100 people have been found in a Florida storage unit. Officials say it belonged to a former medical examiner. Someone bought the unit last week and noticed a foul smell. THE ASSOCIATED PRESS

Midair ruckus

Charge lifted for senator's wife

The wife of Manitoba Sen. Rod Zimmer is no longer charged with endangering the safety of an aircraft.

But Maygan Sensenberger, 23, is still accused of causing a disturbance and uttering threats on a flight. THE CANADIAN PRESS

Waves crash over a causeway in Navarre, Fla., on Tuesday as Isaac approached the U.S. coast. NICK TOMECEK/NORTHWEST FLORIDA DAILY NEWS/THE ASSOCIATED PRESS

Don't tempt fate, Obama says as Big Easy braces for Isaac

A roiling tropical storm with the innocent-sounding name of Isaac turned into a potential mass killer late Tuesday.

Isaac became a full-blown Category 1 hurricane as it churned its way toward the U.S. Gulf Coast and zeroed in on New Orleans — the Big Easy.

As Isaac made landfall in southeast Louisiana, tens of thousands of people hunkered down behind boarded-up windows with stockpiles of food and water.

And New Orleans waited nervously behind flood-defence levees strengthened after devastating hurricane Katrina struck exactly seven years ago.

The U.S. National Hurricane Center said Isaac, with 128 km/h winds, had gained strength as it moved over the warm, open waters of the Gulf.

"Now is not the time to tempt fate," U.S. President Barack Obama warned from the White House.

"You need to take this seriously."

New Orleans Mayor Mitch Landrieu did not activate a mandatory evacuation for Isaac. Instead, officials urged residents to hunker down and make do with the supplies they had.

"We don't expect a Katrina-like event, but remember there are things about a Category 1 storm that can kill you," Landrieu said.

"Isaac is the son of Abraham," said Margaret Thomas, who chose to stay put in New Orleans. "It's a special name that means 'God will protect us.'" THE ASSOCIATED PRESS

New anguish over movie massacre

Fundraising furor. Organizers trading on the memory of 'our murdered loved ones,' emotional family members allege

Caren and Tom Teves, who lost a son in the shooting, embrace at a news conference Tuesday. CHRIS SCHNEIDER/THE ASSOCIATED PRESS

Anguished family members of victims of the Colorado movie massacre lashed out at organizers of a fundraising campaign Tuesday.

They claimed more than $5 million has been collected "using pictures and names of our murdered loved ones."

But so far, they said, no more than $5,000 has been given to each of the families facing bills for medical treatment and other expenses.

The families also said they've been shut out of decisions on how the money should be spent and that fundraisers have been unresponsive to their questions and suggestions.

"When you generate donations for a fund called 'the Aurora Victim Relief Fund' using pictures and names of our murdered loved ones, it would stand to reason the fund is for victims of the Aurora shooting," said Tom Teves, whose son Alex was one of 12 people killed in the July 20 shootings.

Bullets flew at a midnight screening of The Dark Knight Rises at an Aurora movie theatre. Fifty-eight people were wounded.

At an emotional news conference, Teves demanded the fundraisers give the victims and their families a say in how the money is used.

The suspect in the shootings, 24-year-old James Eagan Holmes, is charged with multiple counts of murder and attempted murder. The next hearing in the case is Thursday. THE ASSOCIATED PRESS

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Norwegian PM apologizes for mistakes during massacre

Emergency response. Government promises new plan to deal with crises after 500-page report exposes flaws

Norwegian Prime Minister Jens Stoltenberg on Tuesday apologized for flaws in the response to last year's bomb and gun rampage by a right-wing extremist who killed 77 people. And he pledged sweeping measures to improve terror preparedness.

Stoltenberg told lawmakers that the government is adopting an emergency plan to deal with crises, including the establishment of a new emergency-response centre, improving co-operation between rescue teams and a quicker flow of information between officials.

His address to Parliament came in the wake of a 500-page report by a government-appointed commission that exposed shortcomings in the Scandinavian country's crisis preparedness and highlighted police blunders during the July 22, 2011, attacks when Anders Behring Breivik gunned down 69 people on Utoya island after exploding a bomb in central Oslo, killing eight.

Breivik, who was convicted of terror and given a 21-year prison sentence that can be extended for as long as he's considered a threat to society, told the court that he had expected to be killed by police.

Instead, their bungled response allowed him to hunt down panicked teenagers on Utoya for more than an hour before they arrested him.

Also, a boat carrying a SWAT team to Utoya was overloaded and stalled, while Norway's only police helicopter wasn't used because its crew was on vacation.

On Tuesday, Stoltenberg conceded that as head of government he held the highest responsibility and that it had taken that responsibility and led the nation in the aftermath of the massacre.

Still, he conceded that mistakes had been made and listing the main conclusions of the report he said: "For this I apologize."

THE ASSOCIATED PRESS

Quoted

"We can never correct mistakes made in the past, but we can learn from the past."

Norwegian Prime Minister Jens Stoltenberg

Norway's Prime Minister Jens Stoltenberg, centre, pays tribute to victims of the twin attacks before a memorial service at Oslo Cathedral on Sunday. EMILIO MORENATTI/THE ASSOCIATED PRESS

Republicans officially nominate Romney for president

Republican presidential candidate, former Massachusetts Gov. Mitt Romney, with his wife Ann and vice-presidential running mate, Rep. Paul Ryan, far right, and Ryan's wife, Janna, during a campaign rally in Manassas, Va., on Aug. 11. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS FILE

Republicans have nominated former Massachusetts Gov. Mitt Romney for president, setting the stage for a close contest against President Barack Obama, as a hurricane was poised to hit the Gulf Coast

In a roll call of states Tuesday, delegates from New Jersey gave Romney enough for the official nod, giving him the prize that eluded him four years ago in his first bid for president. Romney is scheduled to accept his party's nomination in a speech Thursday night.

The political festival aimed at bringing the party together behind Romney and pitching him to a national audience, especially key independent voters, has shrunk to a three-day affair because of the storm. Monday's planned opening was symbolic and over in minutes.

Hurricane Isaac could rain down on a wide swath of the Gulf Coast, including New Orleans, around the same time Romney's wife, Ann, speaks to the convention Tuesday night. Her mission is to show a more personal side of a candidate the Obama campaign has tried to paint as a big-business titan out of touch with the struggles of average Americans.

Polls show Romney and Obama running about even, but each man holds significant leads with voters in important areas that could sway the roughly 10 per cent of Americans who say they haven't settled yet on one man or the other.

Trying to balance leadership with campaigning, Obama delivered an update on Isaac from the White House before leaving on a three-state trip. "Now is not the time to tempt fate," he said. "You need to take this seriously." THE ASSOCIATED PRESS

Economy election

- Obama holds a big lead in polls as the candidate who best relates to the needs of poor and middle-class Americans.
- Romney is more highly regarded as the candidate who can restore the economy. Now he must reach out to more conservative Republicans who are wary of his more moderate views on social issues.

Yasser Arafat

Was Palestinian leader poisoned?

French prosecutors opened a murder inquiry into the death of Yasser Arafat on Tuesday, his widow's lawyer said, after she and a TV investigation raised new questions about whether the Palestinian leader was poisoned.

There have long been rumours in the Arab world that Arafat was poisoned, and a Swiss lab's recent finding of elevated levels of polonium-210 — a rare and highly lethal radioactive substance — on Arafat's clothing has fed those claims. However, the Institute of Radiation Physics said its findings were inconclusive and that only exhuming Arafat's remains could bring possible clarity. THE ASSOCIATED PRESS

Yasser Arafat THE ASSOCIATED PRESS

Ukraine

Jailed opposition leader makes appeal

Lawyers for Ukraine's jailed opposition leader, Yulia Tymoshenko, appealed to Europe's human-rights court Tuesday as her only hope for a fair hearing, accusing the government of rigging the criminal case against her. A lawyer for the government denied any political motive and said her complaints about prison conditions and injuries were groundless.

An architect of Ukraine's 2004 Orange Revolution, Tymoshenko has been jailed since her arrest in a courtroom in August 2011, accused of negotiating a corrupt gas deal with Russia when she was prime minister. THE ASSOCIATED PRESS

Yulia Tymoshenko's daughter, Eugenia, listens to one of her mother's lawyers. THE ASSOCIATED PRESS

Samsung facing a rethink following Apple patent verdict

'Fast follower.' South Korean tech giant must now figure out how to tackle the challenge of moving from imitation to innovation

A U.S. jury's $1-billion US verdict against Samsung for what rival Apple claimed was the illegal copying of its iPhone and iPad designs signals a turning point for the South Korean electronics giant known for its prowess in adapting the innovations of others and nimbly executing production.

The verdict not only jolted the world of global gadgetry but also likely sparked some soul-searching in Suwon, South Korea, where the family-run Samsung conglomerate is based.

The world's top seller of smartphones finds itself in the post-iPhone reality, where the decades-long practice of industry mimicry now can mean a bruising legal challenge.

And so Samsung finds itself in a position of having to recreate itself as an innovator, not an imitator. But the switch, experts say, will be much more challenging and time-consuming than the shortcuts Samsung used to take.

Samsung has long been regarded as a "fast follower" — imitating or licensing technologies and then competing by lowering costs, improving quality and adding functions.

When Apple released its cutting-edge iPhone in 2007, Samsung employees were likely too pressed to catch up to scrutinize possible patent encroachments. South Korea's idea of intellectual property is also less strict than that in the U.S., and speedy execution is highly valued at Samsung.

Still, Samsung outsold Apple this year in smartphones by offering more variety, including low-end phones for price-conscious consumers.

Samsung's stocks plunged 7.5 per cent in Seoul on the first trading day after the verdict. Samsung has vowed to appeal, but unsuccessful legal battles against Apple in a host of other countries means that Samsung has few choices other than to create its own design identity.

In the past few years, Samsung has been investing in design, not only in mobile phones, but also in TVs and home appliances. But the results were not near the level of revolutionizing the look and feel of its products or the way consumers interact with technology. THE ASSOCIATED PRESS

Strict hierarchy

- Samsung's top-heavy command structure centres on the founding family. At the apex is 70-year-old Lee Kun-hee, who inherited the mantle from his father, Samsung founder Lee Byung-chull, in 1987.
- The strict hierarchy has enabled speedy and bold investment and swift execution. That, plus the ability to build on the innovations of others, has helped Samsung become the world's largest maker of televisions, memory chips, liquid-crystal display panels and now smartphones.

Lincoln luxury rolls into China

Ford Motor Co. unveils its Lincoln concept car at a converted 600-year-old temple in Beijing on Tuesday. Ford, eager to grab a piece of China's growing luxury market, plans to start selling Lincoln vehicles there in 2014 — the first time that the nearly 100-year-old brand will be available in China. The Lincolns sold in China will be made in North America, at least initially. FORD MOTOR CO./THE ASSOCIATED PRESS

Online security

Java susceptible to hacking: Experts

Computer security experts are warning about a new vulnerability involving the ubiquitous Java plug-in, which allows programs to be run inside a web browser. Oracle, the creator of Java, has long been criticized for allowing security exploits in its software to go unchecked. The latest vulnerability, which has been circulating since last week, could allow hackers to gain access to a user's computer with a so-called "drive-by download." THE CANADIAN PRESS

Market Minute

DOLLAR
101.24¢ US (+0.31¢)

TSX
12,009.9 (-38.92)

OIL
$96.33 US (+86¢)

GOLD
$1,669.70 US (-$5.90)

Natural gas: $2.61 US (-4¢)
Dow Jones: 13,102.99 (-21.68)

WHOSE IDEA WAS IT TO GIVE SMARTPHONES TO STUPID PEOPLE?

JUST SAYIN'
Paul Sullivan
metronews.ca/voices/just-saying

It happened overnight.

One day, people went about their business, sharp and alert, and then, the very next day, the streets and roads were filled with slack-jawed zombies peering into little screens, tapping compulsively on little keypads, oblivious to anyone and anything around them.

Smartphones have almost instantly turned us all, well, many of us anyway, into stupid people.

People who drive into each other at high speeds because they're too busy tapping LOL into their smartphones.

People who try to order lunch in a busy lineup at the same time agreeing with their girlfriend (who is somewhere else) that all men are, like, total potting soil.

People who block street corners and doorways and elevators, breathing through their mouths, inert.

People who drop their smartphones into the urinal while updating their fantasy football roster.

People who go out for dinner and text each other across the table.

I could go on. In fact, I will. There's even a Facebook page called Smart Phones, Stupid People. And they're not kidding.

Arrive alive: Think and drive

There's a story about a stupid man who was so busy downloading an app on his smartphone while he was driving that it wasn't until he got home, parked his van in the driveway and police came to his door that he learned he had run over a 300-pound man.

There's a story about a stupid man who was so busy downloading an app on his smartphone while he was driving that it wasn't until he got home, parked his van in the driveway and police came to his door that he learned he had run over a 300-pound man.

There's a photo of a truck with a message on the back: "Don't text and drive: Yours may be on the next shipment: Batesville Casket Company."

There's a story about how people with smartphones have become such a danger to themselves and others in Fort Lee, N.J., that the local police chief has officers ticketing people on the spot. He had to do something: There have already been 23 text-related pedestrian accidents since January.

And, finally, there's the story of the Stupidest Person Ever. A college student (named Chance, LOL) from Texas was driving when he texted to his friend: "I need to quit texting, because I could die in a car accident." He then immediately drove off a bridge and over a cliff. He suffered a broken neck, a crushed face, a fractured skull, and brain trauma. How could that be? He has no brain.

Believe it or not, distracted smartphone-related driving led to 3,000 road fatalities in the U.S. last year. If this keeps up, an entire generation will go over the cliff along with Chance.

At that point, the meek and a few others who can't afford a smartphone shall inherit the Earth.

At last, IMHO.

Texting while driving is nothing to LOL about. YOUTUBE SCREEN GRAB

Game of cat and mouse continues

THE ASSOCIATED PRESS

Mouse play

British PM's cat snatches a mouse

Larry, the Downing Street cat, is seen on patrol.

The tabby recruited by British Prime Minister David Cameron to ward off mice at his official residence, 10 Downing Street, has recorded his first kill in months. A Downing Street spokeswoman says a staff member found the five-year-old Chief Mouser Tuesday sitting outside the famous black door with a dead mouse. Larry, a former stray, has been known to take a relaxed approach to his duties. THE ASSOCIATED PRESS

David Cameron

Heathrow expansion

Kill made at same time as MP's mouse call

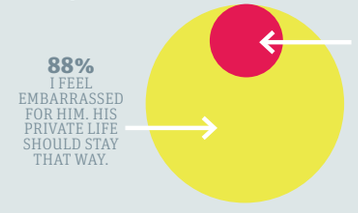
The timing couldn't have been better: On Tuesday, a member of Cameron's Conservative Party was questioning whether the leader was "man or mouse" over his opposition to the expansion of Heathrow Airport.

Tim Yeo is pressing Cameron to change his mind. THE ASSOCIATED PRESS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What's your opinion on the Prince Harry nude-photo scandal?


88%
I FEEL EMBARRASSED FOR HIM. HIS PRIVATE LIFE SHOULD STAY THAT WAY.
12%
IT'S A POSITIVE FOR HIM. IT REINFORCES HIS FUN-LOVING IMAGE.
0%
IT'S SHAMEFUL. HE'S SUPPOSED TO BE A RESPECTED PUBLIC FIGURE.

Twitter

@steveseto: if our river wasn't such a death trap, I would dive in and take a drink right now. #yxe

@Melly_1977: I find it interesting that the @canadapostcorp postman walks across our lawns. Doesn't that seem ignorant? #commonsense #yxe

@deeannmercier: Reasons for being in the shelter? "Domestic violence, job loss, trying to start life over in #yxe"

@jenkew: Who doesn't love a good old allergy attack at 5 in the morning? #insomnia #ragweed #dust #gross #yxe

@ceetaly: sunny and high 20s is the forecast next weekend. what a wonderful welcome back to school. #yxe :)

metro
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Movie reviews

Lawless

Director. John Hillcoat

Stars. Tom Hardy, Shia LaBeouf, Guy Pearce

Lawless sees director John Hillcoat once more teaming up with cult gothic rock god Nick Cave for a violent, meandering, macho shoot em up. The results are less weighty than their previous Cave penned collaborations, Ghosts of the Civil Dead and The Proposition, in fact, despite the ample bloodshed and agony on screen, Lawless is actually kind of a — gasp — good time.

Not words you'd expect from the man who gave us the bleaker than death adaptation of The Road (in which Cave and partner Warren Ellis also composed the score, as they do here) but the film, which sees Shia LaBeouf as a gentle younger sibling to a fierce brood of prohibition era moonshiners is painted with such broad, arch strokes and is filled with such buoyant roots music — the best soundtrack of its kind since O Brother Where Art Thou — that only the hardest heart wouldn't smile.

There's equally fantastic performances from LaBeouf, Hillcoat regular Guy Pierce (in pure Snidely Whiplash ultra-villain role) and especially, the imposing Tom Hardy, re-channelling his Bane character as a hardened, but gallant, thug with a moral code. Even Hardy's Dark Knight cast mate Gary Oldman shows up and steals scenes as a psycho tommy gun wielding gangster.

Mixing action and even western tropes with fine, sepia soaked period detail and detours of visual and aural poetry, Lawless is an immersive joy and one of the finest films of the year.

CHRIS ALEXANDER

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A young girl starts displaying disturbing behaviour after purchasing an old artifact in The Possession. HANDOUT

Scary? Yes, but don't call it a horror movie, actor says

The Possession.
New film more of a character piece, says Jeffrey Dean Morgan

NED EHRBAR
Metro World News in Hollywood

Jeffrey Dean Morgan is all for you getting scared watching The Possession — about a young girl who starts displaying disturbing behaviour after her family purchases an old Hebrew artifact — but it's not a horror movie, he swears.

Morgan, who plays the girl's beleaguered dad in the film, makes his pitch for The Possession as a character piece and offers some insight on why audiences can't get enough of exorcisms.

What was the initial draw for you for this project?
Everybody wants to label this as a horror movie, and I never considered it to be a horror movie going in.

It actually had a story to it, and I'm so used to horror movies this day and age being found footage, shaky camera, just a f—ing visual onslaught of gore.

This movie actually had a story and it reminded me of the movies that I thought were scary — The Exorcist and Rosemary's Baby and The Omen — where you could become invested in those characters. This had that. (I play) a recently divorced guy trying to be a good father and sort of failing miserably with two teenage daughters.

So you've got a family that's kind of been troubled at the heart of this. And then of course there's demons inside people, so there's that (laughs).

But it's really, I think, a character piece. I think it really gives the opportunity for us to act and for (director) Ole (Bornedal) to direct, and that helps a great deal when doing this kind of thing.

Why do you think demonic possession continues to be such a popular topic for horror films?
Yeah, I mean people go see these movies, for sure. I don't know, I didn't ever really put it together but it's always the kid who gets possessed, and the parents are trying to, I guess, save the day — with a priest or a rabbi, I guess, in our case.

But I just think a child getting possessed is... what is more horrific for a parent than that? And I think that's something that maybe people can somehow relate to. And what 11-year-old girl isn't possessed?

Plus so many of them purport to be based on true stories.
There is that element of it could happen, maybe. I'm a skeptic when it comes to all that paranormal activity and craziness and possession, but in doing the little bit of research that I did for this movie, there's some scary s— out there. You can see it on the Internet, actual exorcisms and stuff that have happened.

I've got to wonder how that is there. I mean, it doesn't look staged to me, and it's superscary. But I think there's that element that this could be a real thing. And people argue that it absolutely is a real thing, and I think because of that it's interesting subject matter.

Inanimate objects can be evil too

IN FOCUS
Richard Crouse
scene@metronews.ca

We can all imagine the fear that comes along with being chased by a werewolf. Or waking up to find Dracula staring down at you. They are living, breathing (or in Drac's case, dead and not so breathing, but you get the idea) embodiments of evil. But how about inanimate objects? Have you ever been terrified of a lamp? Or creeped out by a tire?

In this weekend's The Possession, a Dybbuk Box purchased at a yard sale brings misfortune to everyone who comes in contact with it.

It's not the first time that the movies have imbued an inert object with evil powers.

There have been loads of haunted houses in the movies. In most of them, however, the house is merely a vessel for a spirit or some unseen entity that makes its presence know by making the walls bleed or randomly slamming doors. Rarer is the house that is actually evil.

Stephen King wrote about a house that eats people in the third installment of his Dark Tower series. On screen Robert Zemeckis and Steven Spielberg visualized the idea in the appropriately titled Monster House.

In this animated movie three teens figure out the house across the street is a man-eating monster.

By the time they got around to the fourth installment of the most famous haunted house series, the Amityville Horror, filmmakers had to figure out a new plotline apart from the tired "new owners move in to the house, get freaked out leave," storyline. In The Amityville Horror: The Evil Escapes, a cursed lamp causes all sorts of trouble when it is shipped from the evil Long Island house to a Californian mansion.

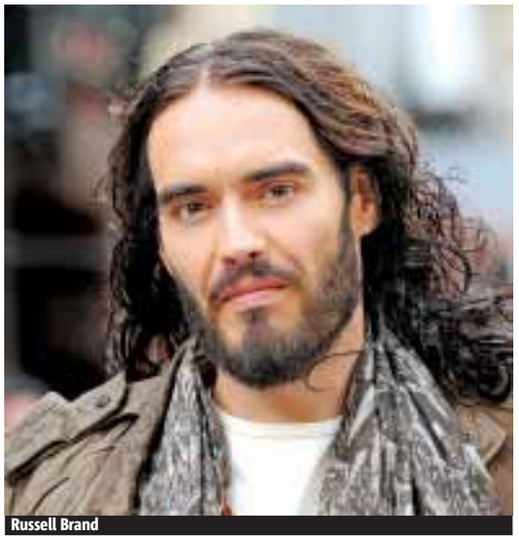
Much weirder is Rubber, the story of a killer tire — yes, you read that right — with psychokinetic powers — think Carrie with treads — who terrorizes the American southwest. It's an absurdist tract on how and why we watch movies, what entertainment is and the movie business, among other things. But frankly, mostly it's about a tire rolling around the desert and while there is something kind of hypnotic about watching the tire on its murderous journey — think Natural Born Killers but round and rubbery — that doesn't mean Rubber is a good movie.

Finally, think bed bugs are bad? How about a hungry bed? The title of this one sums it up: Death Bed: The Bed that Eats.

SCENE

On the web

The Walking Dead' actor Scott Wilson arrested in Georgia on drunken driving charge


Russell Brand

Brand linked to fellow Brit Ginger Spice

A month after finalizing his divorce from American pop star Katy Perry, British comedian Russell Brand is apparently sticking closer to home. Brand is reportedly dating Spice Girls member Geri Halliwell, according to the Sun.

Brand and Halliwell, who hung out during the Olympics closing ceremony earlier this month, were recently spotted out and about at Hampton Court Palace along with Halliwell's 6-year-old daughter. Halliwell, for her part, admits there's a new special someone in her life — but she's leaving it at that. "I'm not going into details," she tells Hello! Magazine. "Right now there's nothing serious."

WANTED

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SPCA SASKATOON

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Lohan a suspect in theft — yes, again

THE WORD
Monica Weymouth
scene@metronews.ca

Although her name was initially cleared, Lindsay Lohan is now officially a suspect in the theft of $100,000 worth of valuables from a Hollywood home.

Last week, police were called to the home of Sam Magid after Lohan, her assistant and others spent the night partying.

Here's where things get messy, even in Lohan's world: Magid claimed that insanely expensive sunglasses and watches were missing, but later recanted his story. Then, on Monday, two of Lohan's friends — including Andrew Knight, son of hip-hop mogul Suge Knight — stopped by Magid's house with some of the stolen items that they claim Lohan gave them, reports TMZ.

What's Lohan have to say for herself? Quite a bit.

According to TMZ, she claims that she was in an Ambien fog that night but does remember hiding jewelry, watches and Tiffany silverware out of fear they would be stolen by other guests. As for anything that actually did walk off, she blames Knight.

Lindsay's father, Michael Lohan, is calling the accusation against his daughter an unfair "witch hunt" — presumably because he forgot she stole a necklace from a high-end jewelry store last year, resulting in a months-long, soul-crushing courtroom circus. Must be nice, Michael. Must be nice.

Amanda Bynes

Bynes' hit-and-run cases under police scrutiny

Amanda Bynes' most recent hit-and-run incident has led investigators to renew their interest in a similar accident involving the actress from earlier this year, according to Hollyscoop.

"Both of Amanda Bynes' hit and run cases are under review right now. I cannot say that we re-opened the original hit-and-run case because it was never closed," a spokesman for the L.A. City Attorney's office tells the website. "We are reviewing both cases with the LAPD and CHP, so both incidents are under investigation at this time. She has not been charged with anything as of yet.

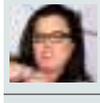
No dates have been set for arraignment or anything else with Amanda at this time."

Both incidents — one in April and one in August — involve Bynes reportedly rear-ending another driver and then fleeing the scene.

Mariah Carey an Idol judge bargain?

While Mariah Carey's reported $18 million payday for joining American Idol is impressive, the show was apparently willing to go even higher to snag Katy Perry, according to Us Weekly. The reality competition reportedly offered Perry $20 million to become a judge for its 12th season — following the departure of Jennifer Lopez and Steven Tyler — but she turned them down. "Katy was being hotly pursued," a source says. "They really wanted her."

Twitter


@Rosie
Oh my god I lost 10 lbs already eating plant based food !!!

@1capplegate
I want my daughter to live a normal life I want her to feel free to be who she wants, so paparazzi stop taking pics of her! Enough !

@MissKellyO
Looking forward to date night tonight we have decided on sushi!

@lindsaylohan
All of this negative press is BS.... Whenever I'm doing great, people fabricate lies. It's such a shame. I'm just sayin' xo

What better way to enjoy some good rum, wine and food than with turquoise waters as a backdrop. SUPPLIED

The Cliff Restaurant overlooks a private cove. SUPPLIED

Toronto chef Mark McEwan at the Barbados food fest. SUPPLIED

Enjoying rum, fish always better in the Caribbean

Barbados. Ever-popular tropical destination offers local, exotic and exciting food and drink

GIZELLE LAU
life@metronews.ca

As far as Caribbean islands go, there are few that are as robust in their food, wine and rum offerings than Barbados. From the weekly fish fry and rum shacks strewn along the roads across the island to truly fine rum and upscale restaurants, there's much to be enjoyed on the scenic island of Barbados.

For those looking to try the island's traditional fare, head to the St Lawrence Gap's many restaurants where you can get a taste of dishes like cou cou with flying fish, the national dish of Barbados, officially. Unofficially, there's also favourites like macaroni pie, Bajan pepper sauce and Toronto chef Mark McEwan's pick: "fish sandwiches" or fish cutters, best experienced at Cuz's Fish Stand on Pebbles Beach near Bridgetown.

Then, there's the famous fish fry. At Oistins on Friday and Saturday nights, you can get the day's catch fried or grilled, with a beer in hand and island music in the air.

"Instead of going to a museum like you would in Europe, you've got to get to Oistins for a fish fry when you're in Barbados," says celeb chef Marcus Samuelsson, who, like McEwan can be seen on the island during the Barbados Food & Wine and Rum Festival.

Rum aficionados will not want to miss a visit to Mount Gay Distilleries, home to the world's oldest rum brand (since 1703), Mount Gay Rum.

For a more artisanal rum, visit St. Nicholas Abbey, home to an original 17th century plantation home and distillery where they sell an eight-year and 12-year old rum. Better yet, when you bring the bottle back to the distillery, they'll fill it up for you half price.

If you're vying for one final meal on the island, head to The Cliff Restaurant. Overlooking a private cove, watch the sun go down on the beachside patio with cocktail in hand while the wave comes in under the glow of romantic lit torches, setting the stage for one of the finest upscale wining and dining experiences on the island.

Marcus Samuelson at the Barbados food fest. SUPPLIED

Want to spend time rubbing elbows with celebrity chefs while noshing on the best food, wine and rum Barbados has to offer? Then look no further than the Barbados Food & Wine and Rum Festival.

This year, the festival will take place November 16 to 19, 2012 with celebrity chef events, cooking demonstrations, tastings and tours of rum distilleries, just to name a few.

This year's Barbados Food & Wine and Rum Festival will feature celebrity chefs like Canada's own chef Mark McEwan (head judge of Top Chef Canada and proprietor of Bymark and North 44 in Toronto, just to name a few) along with Marcus Samuelsson (chef of Red Rooster in New York City and winner of Top Chef Masters) and Stephanie Izard (chef of Girl and the Goat in Chicago, Top Chef winner) — just to name a few. Past years have seen the likes of Tim Love, Fergus Henderson, Ming Tsai and Tom Colicchio.

If you go...

- **Fly.** Air Canada and WestJet both offer direct flights from major Canadian cities to Bridgetown, Barbados
- **Stay.** Elegant Hotels in Barbados offers five distinct hotels including the Colony Club, Crystal Cove, Tamarind, Turtle Beach and The House resorts, each offering unique style of accommodation suited for solo travellers, couples or families.
- **Go to.** visitbarbados.org or foodwinerum.com for more.

On the web

Berlin to mark centenary of famed Nefertiti bust's find with show of works from Egypt site.

Reach new heights of snacking sophistication with Grilled Pita Pizza

Seven is the magic number for making this Grilled Mushroom Pita Pizza. That's the number of ingredients you'll need to take snacking to a new level of sophistication.

Pita bread with mushrooms make these individual grilled pizzas a delightful lunch or snack.

If the mushrooms are too long for the pitas, thickly slice the mushrooms on a cutting board and place on top the spinach. Thinner pitas will crisp better than thick ones.

1. In a small bowl, whisk oil and garlic together; lightly brush mushrooms on both sides with garlic oil.

2. Barbecue mushrooms on high heat for 2 to 3 minutes per side or until mushrooms are lightly softened.

3. Meanwhile, place pitas on barbecue over high heat and cook for 2 minutes on one side or until warmed through. Remove to a tray or cutting board and spread softer side with tomato pesto. Top with spinach and then warm mushrooms, stem side up.

4. Return to barbecue and cook for additional 2 to 3 minutes or until slightly crisp. Garnish with Parmesan. Cut in halves or quarters and serve immediately. Season with pepper.

THE CANADIAN PRESS/ MUSHROOMS.CA

Ingredients

- 45 ml (3 tbsp) olive oil
- 2 cloves garlic, crushed into olive oil
- 4 large fresh portobello mushroom caps
- 4 whole-wheat pita breads (15 to 18 cm/6 to 7 inches)
- 75 ml (1/3 cup) sun-dried tomato pesto
- 1 l (4 cups) baby spinach or arugula leaves (60 g/2 oz)
- 125 ml (1/2 cup) shaved Parmesan or Romano cheese
- Freshly ground pepper, to taste

Grilled Mushroom Pita Pizza

This recipe serves four. THE CANADIAN PRESS H/O

Drink of the Week

Strawberry-Ginger Limade Slushies

Strawberries and limade is a classic summer combination. Throw in some ginger and you have a refreshing drink with which to keep cool.

- 3 cups lightly crushed ice
- 1 cup water
- 1 cup strawberry jam
- 1/4 cup lime juice
- 1 tbsp grated fresh ginger
- Pinch salt

Combine all ingredients in a blender. Purée until smooth. You may need to stop the blender once or twice and stir the ingredients in order to keep them moving in the blender. Serve immediately.

THE ASSOCIATED PRESS

From athletic blog to journalism job

If you type it, the job may come.
Chris Lund's success story illustrates that pursuing your passion produces opportunity

ELIAS DA SILVA-POWELL
TalentEgg.ca

Just another day at the office. ISTOCK

Chris Lund graduated from Queen's University in 2011 with a range of experience more accustomed to someone many years his senior.

Only two months after graduation, he started a position as a web editor and writer for The Score Sports Network, managing the website's editorial content.

It's an entry-level job any sports journalist would jump at.

Chris hadn't cashed in on family connections; he hadn't lied on his numerous resumés; indeed, he isn't even a graduate of a journalism program.

And yet, despite Chris's uncommon track record with the written word, his journey begins with that most conventional of written modes — a blog.

Humble beginnings

In July 2009, Chris and his friend Matt Piazza started a blog at AlwaysOUA.blogspot.com.

The duo were dissatisfied with the then-limited coverage of Ontario University Athletics (OUA).

National media outlets pay little attention to varsity level game play, while university press departments generally focus on the prospects of their own teams.

"We didn't want what we thought were very entertaining and very competitive sports to go unnoticed," said Chris.

Original ideas are rare on the Internet. With millions of blogs online — over 100 million as of 2011 — it's safe to say that if you can think of a topic, someone is probably blogging about it already.

AlwaysOUA proved the exception.

Branching out

The blog suddenly filled a void for the OUA community.

"We had press credentials from pretty much every school and team in the province within our first month, just because teams are so willing to have extra coverage," said Chris.

Close proximity to teams helped the pair develop interesting coverage while exploring different ways to raise the profile of OUA game play.

"We conducted polls asking students, 'How can we get you out to games?' and shared the results with schools and teams," Chris said.

Chris also submitted an op-ed piece to the Queen's University student newspaper, titled, We need to value our campus athletics, and put his mouth where his money was, taking the microphone as the sports director for Queen's campus radio station, CFRC-FM.

More than just a blog

Within a year, the blog started an opportunity snowball.

Chris was contacted by The Score Sports Network, who asked him to contribute to their University Rush blog.

With his foot in the door, Chris began networking with professionals in his field and found himself in touch with a copy editor for The Hockey News, who referred him to the paper's editorial internship program. He started in May 2011.

"The Hockey News is the premier publication for the sport. NHL players have subscriptions. If it says it in there, it matters," said Chris.

With his experience in writing, editing and public relations, Chris set his sights on a full-time job when a web editor position at The Score crossed his desk.

With his track record for dedicated work at the grassroots level and beyond, it's no surprise he got the job.

Sound advice

Words of wisdom

Chris was fortunate in finding an unfulfilled niche in the blogosphere, but his success also took a great deal of perseverance and dedication. His experience yields some excellent advice.

- "With the advent of online media like blogging, there is an overwhelming amount of competition but there are also an overwhelming number of opportunities to get experience and to get noticed," he said.

Back to basics

Now 22, Chris has a LinkedIn profile with a volume of qualifications and experience that most of us hope to have in five years — with luck.

He maintains that his accomplishments all began with his work in blogging.

"When the blog started getting attention from other writers and schools, I had a moment where I thought, 'I can do this.' That was the moment I realized that this work is what I want to do for a living."

RECENT QUEEN'S UNIVERSITY ENGLISH LANGUAGE AND LITERATURE GRADUATE ELIAS DA SILVA-POWELL IS A SUMMER MARKETING AND EDITORIAL INTERN AT TALENTEGG.CA WHO IS RETURNING TO QUEEN'S THIS FALL TO COMPLETE A MASTER'S DEGREE IN ENGLISH.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Raonic overcomes serving issues to advance to Round 2

Tennis. Canadian earns hard-fought five-set victory despite bevy of unforced errors

Milos Raonic had trouble at the baseline, but still got his first U.S. Open victory.

The Thornhill native overcame 55 unforced errors including 15 double faults on Tuesday to defeat Santiago Giraldo of Colombia 6-3, 4-6, 3-6, 6-4, 6-4.

Raonic, the No. 15 seed, earned his 34th victory of the season in a match that lasted well over three hours.

"I'm just happy with the outcome and that I managed to make the most of that moment and just find a way to win," said Raonic. "Everything else I've got to hope gets better in the next round."

Raonic had 30 aces, but struggled with unforced errors and converted on only a third of his dozen break points.

"I don't think I struggled with my serve that much in a long, long time. A lot of double faults, and it wasn't just one double fault per game," said Raonic. "I double-faulted consistently a couple times in a row, and that made my job a lot more difficult and it gave him a little bit more freedom at the same time."

Raonic did not play at the U.S. Open in 2011 as he recovered from hip surgery. In 2010 as a qualifier, he was beaten by Australian Carsten Ball in his debut at a major.

On Tuesday, Raonic found himself down 2-1, but tied the match with a break in the final game of the fourth set as Giraldo fired wide.

The match finished with a Raonic break of Giraldo on a forehand error from the Colombian.

He will play Paul-Henri Mathieu of France for the first time in the second round of the tournament.

THE CANADIAN PRESS

Also on Tuesday

Slowed by a right knee injury, eighth-seeded Caroline Wozniacki fell 6-2, 6-2 to 96th-ranked Irina-Camelia Begu of Romania.

- **Nineteen-year-old** Sloane Stephens upset 2010 French Open champion and No. 22 seed Francesca Schiavone 6-3, 6-4.

Milos Raonic returns a shot to Santiago Giraldo during their first-round U.S. Open match on Tuesday in New York.
MEL C. EVANS/THE ASSOCIATED PRESS

NHL makes new offer to the players

Gary Bettman believes the NHL took a "significant" step with the counter-proposal it presented in the latest round of collective bargaining.

The commissioner laid out the details of a new offer to the NHL Players' Association on Tuesday morning and later told reporters that it was an improvement from the initial offer put forth by the NHL last month.

"We believe that we made a significant, meaningful step," said Bettman.

Neither side would discuss specific elements of the new deal. NHLPA executive director Donald Fehr gave an initial response to the league on Tuesday afternoon and requested that the parties gather again Wednesday after the union has had more time to examine it.

"It's a proposal that we intend to respond to," said Fehr. "I'll leave it at that."

The current collective agreement expires Sept. 15 and the NHL has said it will lock the players out if a new deal isn't reached by then.

The owners and players have had trouble getting on the same page. Bettman indicated the league's new offer was a direct counter-proposal to the offer the players put forth two weeks ago and hopes it helps spark negotiations.

"I'm trying to get us on to the same page, I'm trying to get us on to a common language," he said.

The proposal was unveiled in an intimate setting, with only Fehr and top assistant Steve Fehr in the room for the players and Bettman and deputy commissioner Bill Daly for the league. The morning meeting lasted about 45 minutes and concluded with Donald Fehr saying he wanted to apprise his constituents of the situation.

About four hours later, the Fehr brothers returned to the NHL's head office along with players Mathieu Darche, Ron Hainsey and Douglas Murray.

The afternoon session was over in about 30 minutes, with both sides agreeing to meet again on Wednesday.

THE CANADIAN PRESS

Quoted

"I'm encouraged that we're talking, to be honest with you."

NHL player representative Mathieu Darche on Tuesday's proposal from the league. Darche added that it's obvious the NHL took time to come up with the new proposal.

Four have the floor

The sides have turned to smaller groups in an effort to bridge a gap in talks.

- Bettman, Daly and the Fehr brothers also sat down last week, but they've been unable to agree on the general framework that will shape the next agreement so far.

CFL

Argonauts add Reinders to O-line

Offensive lineman Joel Reinders and the Toronto Argonauts agreed to a contract on Tuesday, the club announced.

Toronto originally selected the Oakville native in the fourth round, 26th overall, in the 2010 CFL Canadian Draft.

"Joel was a highly rated player in 2010 who had signed with the Cleveland Browns and, as a result, fell to the fourth round of our draft," said Argos general manager Jim Barker in a statement. "After a few NFL camps, we feel he's ready to come to our team to both compete and contribute."

THE CANADIAN PRESS

NFL

"Any experience is incredibly helpful for me right now."

Indianapolis Colts' No. 1 pick Andrew Luck. Thursday's pre-season finale against Cincinnati will be the final chance for Luck and the Colts to fix any problems before the games start counting for real.

MMA

St-Pierre cleared for comeback

Georges St-Pierre says he has been medically cleared to return to the Octagon.

The mixed martial arts star from Montreal had reconstructive knee surgery in January after tearing an anterior cruciate ligament and his internal meniscus during a wrestling training session last fall.

Georges St-Pierre GETTY IMAGES FILE

THE CANADIAN PRESS

4 SPORTS

Mobile sports

Sprinter Oscar Pistorius captured imaginations around the world as the first double-amputee to compete in the Olympic Games. But on the eve of the Paralympics, the South African sprinter was downplaying his chances of dominating in London. Scan the code for the story.

Canadians facing tough field at 2012 Paralympic Games

London Summer Games. More support than ever for local athletes, but more countries taking part with better-funded athletes competing

There has never been a Canadian Paralympic team as well funded and supported as the one currently in London for the 2012 Games.

The bounce the country's Paralympians experienced following the 2010 Vancouver Olympics came at a crucial time.

More countries are competing in Paralympics and there's more money behind that competition. It's harder for Canadians to win Paralympic medals than it was just eight years ago.

Canada's objective in London is to finish top-eight in the overall gold-medal count. After finishing tied for third in 2000 and third in 2004, Canada slipped to seventh in 2008 with 19 gold.

"Our athletes all know they cannot just repeat their past performance that put them on the podium," chef de mission Gaetan Tardif said Tuesday in London. "It's likely if they have the same time as the last Games, it will not be good enough.

"The competition is truly getting fierce at the Paralympic level. A number of nations have joined the movement and increased participation and funding in the movement."

China is a big mover in Paralympic sport since hosting the Games in 2008. Tardif points out that country has a pool of 40 million people with a disability from which to draw. That's more than Canada's total population of 35 million.

THE CANADIAN PRESS

Games facts

- The London Paralympic Games begin with Wednesday's opening ceremony.
- Wheelchair rugby player Garett Hickling of Kelowna, B.C., will be the Canadian flag-bearer.
- The Canadian Paralympic Committee spent a record $3 million preparing its team for London.
- Canada has 145 athletes competing in 15 of the 20 Paralympic sports.
- With the help of 95 support staff, Gaetan Tardif, Canada's chef de mission for the Paralympic Games, hopes that Canada can produce between 40 and 50 medals before the Games close on Sept. 9.

Blue Jays drop tight one at Yankee Stadium

Curtis Granderson hits a sacrifice fly to cash in the winning run in the fourth inning of New York's 2-1 win over the Toronto Blue Jays on Tuesday night at Yankee Stadium. Yankee Phil Hughes won his sixth consecutive decision in New York, giving up only Adeiny Hechavarria's first major league homer in seven effective innings. He allowed four hits and walked three. The Yankees beat Toronto's Ricky Romero for the third time during his 12-start winless skid. JEFF ZELEVANSKY/GETTY IMAGES

Blue Jays

Minor-leaguer Stroman banned for stimulant use

Toronto Blue Jays prospect Marcus Stroman, the No. 22 pick in this year's amateur draft, was suspended 50 games Tuesday for violating baseball's minor league drug program.

Stroman, a right-hander with double-A New Hampshire, tested positive for Methylhexaneamine, a banned stimulant. Stroman, who played college ball at Duke, received a $1.8 million US bonus when he signed with Toronto last month.

THE ASSOCIATED PRESS

Jays lose Bautista for rest of 2012

Blue Jays slugger Jose Bautista will have season-ending surgery to stabilize a tendon in his left wrist.

Bautista said Tuesday that the recovery period is three to four months and he would be ready to play long before the start of spring training next year.

THE ASSOCIATED PRESS

NBA. Clippers' Griffin says knee is good to go

All-Star Blake Griffin said Tuesday his left knee is healed after last month's surgery that forced him to miss the London Olympics, when he worked on his shot and free throws while his U.S. teammates were winning a gold medal.

Griffin is doing drills and running this week as he continues rehabbing from the July 16 surgery to repair a medial meniscus tear of his knee that he suffered during practice with the U.S. national team in Las Vegas.

Blake Griffin GETTY IMAGES

THE ASSOCIATED PRESS

CFL. It's books over blocks for B.C. guard Norman

Matt Norman's standout rookie season with the B.C. Lions is coming to a premature close, but it's ending on his terms.

The offensive guard is slated to play his final game of the season Friday in Montreal against the Alouettes before heading back to the University of Western Ontario to study for his teaching certificate.

"It's just so that I can be productive in the off-season," Norman said after practice Tuesday.

Norman, in his first pro season following his university career with the Western Mustangs, has started seven of B.C.'s eight games. THE CANADIAN PRESS

Quoted

"I want to be able to step into a career as soon as I'm done."

Matt Norman, who plans to return to the Lions next season after completing the necessary qualifications to teach high school history and geography

Athletics. Hughes 'an easy decision' for induction into Manitoba hall of fame

Olympian Clara Hughes is adding another honour to her already impressive resumé.

The Winnipeg native is being inducted into the Manitoba Sports Hall of Fame.

Hughes competed in the Winter and Summer Olympics as a speedskater and cyclist, winning a total of six medals.

"As one of the greatest Canadian athletes of all time, and the only athlete in the world to win multiple medals in both a summer and winter Olympics, this was an easy decision," hall president Don Pincock said in a release. "Clara has been contributing to our museum collection for a number of years and her induction was just a matter of time." THE CANADIAN PRESS

There are reasons it's so loved by Canucks

Second Gear.
2008 to 2012
Ford Escape

JUSTIN PRITCHARD
drive@metronews.ca

Selection, style and capability were arguably the biggest draws to the outgoing generation of the Ford Escape.

With four and six-cylinder power, front or all-wheel drive, generous ground clearance and a large span of options and packages, this Canadian favourite offered a variation that was just right for virtually any shopper.

Key competitors included the Toyota RAV4, Honda CR-V and Nissan Rogue.

TORSTAR NEWS SERVICE

Common Issues

Approach your used Escape looking for signs of transmission trouble. Hard shifting, 'flaring' or slipping during gear changes could all be signs of trouble. Ensure the unit shifts between drive and reverse as quickly as you'd expect, too. Be double sure the transmission in the used Escape you're considering operates as expected — and have a mechanical inspection completed regardless.

Your local Ford dealer will be familiar with the Escape's potential transmission trouble and able to quickly diagnose or repair any issues — whether covered by a recall or otherwise.

Also, have the engine checked for oil level, condition and signs of leakage.

Engine

Look for four- and six-cylinder engines, with output as high as 240 horsepower. In 2009, the Escape's powertrain lineup was updated to include newer, more modern engines and transmissions.

What Owners Like

Performance from the V6 engine, off-road capability with 4-wheel drive, a sporty and comfortable ride and a flexible interior were all rated highly by owners.

What Owners Dislike

Common complaints include 'gear hunting,' noisy engines, poor performance from the factory stereo system and higher-than-expected levels of road noise.

Verdict

Shoppers set on this generation Escape are advised to seek out a dealer-maintained model with a good portion of remaining factory warranty, opting for extended powertrain warranty coverage if their budget allows.

Motorcycle riding tips for wet weather

While most motorcyclists live for cruising the open road in warm and sunny weather, there are times when the rain clouds roll in and you have to navigate your way through wet and slippery conditions.

If you get stuck in a downpour, consider the following safety tips from Dave Minor, vice president at TD Insurance, to ensure you arrive safely at your destination:

Back to the basics
Sit deep in the seat and rest your hands on the bars without gripping them too tightly. It's important to remember to relax, be alert and slow down. Give yourself plenty of extra time to get to your destination, and leave extra space between you and other vehicles.

Wear the proper gear
If the rain is coming down hard, you'll need a visor to maintain good, clear vision. Be careful, as poor-quality visors can fog up in the rain. Invest in a good quality pair of goggles and consider an anti-fogging liquid to keep in your bike.

Watch out for slippery surfaces
Steel is the most slippery surface on wet roads, so try to avoid hazards likes manhole covers and streetcar tracks. Also be aware of painted lines on the road — these too are slippery when wet. When you do come upon these slippery surfaces, slow down and stay loose, or pull over to a safe location. If the bike slides while you're stiff, the slide will be amplified, so do your best to relax.

Braking
The best way to brake quickly in the rain is to progressively squeeze the brake. Do not brake abruptly. Any sudden force on the wheel will cause a break in traction with the road.

With practice, it is possible to brake quickly using this technique. Ease off the brake if you feel jerking, to prevent sliding.

NEWS CANADA

You should invest in a good quality pair of goggles, so your vision doesn't look like this on the road.
NEWS CANADA

DRIVE 5

On the Web

Scan code for more car reviews and news

The most wonderful time of the year

Autopilot

AUTO PILOT
Mike Goetz
drive@metronews.ca

Last week of summer. A joyous time for parents with school-age kids.

Two reasons to give thanks.

One, it's great to see their good times come crashing down — they had it too good for too long.

Two, it's another poignant reminder that your own school days are mercifully over, and you won't be the one heading out the door next Tuesday with a bad lunch and an over-stuffed backpack.

School isn't all bad, of course. And if you're the type that gets an extra kick from things automotive, then high school was, or will be, a heady time.

An automotive restorer once told me that, almost without fail, a guy would restore and/or buy a particular model of classic car later in life, based on their first-ever car lust, which usually occurred when they were 12 to 14.

The cool cars they saw then on the road, and envisioned themselves behind the wheel of, will remain the coolest cars ever made, in their opinion.

So just think of the young brains that are getting programmed for life right now, by their first in-the-flesh encounters with something like an Audi R8, Lamborghini Aventador, or McLaren MP4-12C.

High school is also when a lot of kids first learn to drive, and possibly get their own cars. (There was one memorable guy in my Grade 8 class who not only had his licence, but also his own car, which he drove to school, and parked in the same lot as the teachers! Obviously this was an era in which you were actually allowed to fail an elementary grade.)

My parents wouldn't allow me to purchase my own car in high school, on the premise that I had no business owning a car, when all I wanted to do with one is drive around town playing 8-track tapes.

It was a particularly hurtful thing to say because it was 100 per cent accurate.

I guess the most iconic school-related vehicle is the yellow school bus. Progress marches on, but the school bus seems resistant to change.

In that regard, they're much like that Coke-Pepsi line. All sorts of cultural walls have come down, but you still can't get Coke and Pepsi together in the same eating or drinking establishment. It's one or the other folks…

But back to school buses. They haven't changed much because they continue to have a great safety record.

Yes, they look antiquated, but their serious "mass" and serious "yellowness" make them very visible and very energy absorbent. And with the seats so tight together, and with padding on the seat backs, the kids don't get thrown around too much when things get hairy.

Drivers are also highly trained working on familiar routes, and they're usually only on the road in daylight hours.

Almost makes you wish you could get back on one, eh?

Ah the ol' school bus. Is it time for a redesign? We don't think so. ISTOCK

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Horoscopes

♈ Aries
March 21 - April 20
A lot is at stake at the moment, especially financially, so don't let others rush you into making any sudden decisions. The more they try to convince you that you need to act immediately, the more you should take your time.

♉ Taurus
April 21 - May 21
You must make an effort to control your emotions. As Mars, planet of anger, moves through your opposite sign you will get upset more easily than usual with people who annoy you. Don't go too far.

♊ Gemini
May 22 - June 21
This is a good time to make changes to your work routine but make sure they are changes that favour you and not other people. Colleagues and employers will take advantage of you if you let them.

♋ Cancer
June 22 - July 23
This is a great time for getting things done. With Mars on your side, there is precious little you cannot accomplish. But you must be clear about your aims. Set yourself a single goal each and every day.

♌ Leo
July 24 - Aug. 23
If your domestic situation could do with some sort of improvement then now is the time to stop thinking about it and do something practical. Don't just touch up the paintwork, have a complete renovation.

♍ Virgo
Aug. 24 - Sept. 23
With Mars, planet of action, moving through the area of your chart that governs travel and social activities, you won't let anyone or anything hold you back from having a good time. You thoroughly deserve it.

♎ Libra
Sept. 24 - Oct. 23
You may be a little worried about your money situation but there is really no need. Over the next few weeks you will get several opportunities to boost the size of your bank balance. Don't waste them.

♏ Scorpio
Oct. 24 - Nov. 22
Mars, planet of ambition, is now well established in your birth sign, which means you can at last start putting your plans into effect. Take responsibility for your own success — and take what it is you desire.

♐ Sagittarius
Nov. 23 - Dec. 21
You like to see the world through rose-tinted spectacles but you may have to work harder at it today. When things go wrong — and sometimes they will — don't assume that the sky is about to fall. It's never that bad.

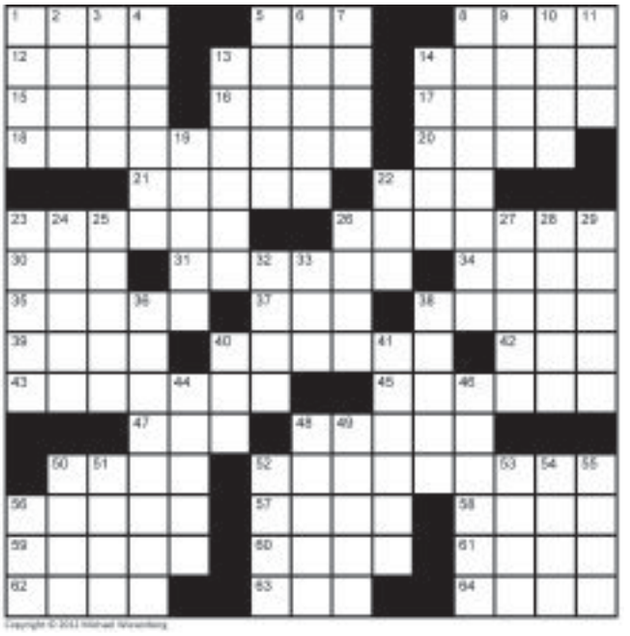
♑ Capricorn
Dec. 22 - Jan. 20
If you make the effort to work with people, there is no limit to what you can accomplish over the next few days. Join forces with those who share your dreams. Together you can make them happen.

♒ Aquarius
Jan. 21 - Feb. 19
Whatever your career may be, it will take on more importance now and in the near future. It's not about your worldly status, it's about what your talents are and how you can use them for the greater good.

♓ Pisces
Feb. 20 - March 20
You can, if you wish, throw caution to the wind and do as you please. You can, if you wish, neglect your chores and indulge your passions. And you should. You very much need some down time — and that time is now. SALLY BROMPTON

Crossword: Teams, Author, Places, Symbol

BY MICHAEL WIESENBERG



Across
1. Steve McQueen's first major movie, with "The"
5. NNW's opposite
8. CAA giveaways
12. Ready to be picked
13. Toronto-born classical pianist Gould
14. Chalet overhangs
15. "Be with you in ___!" (2 wds)
16. Bassoon or clarinet
17. Lockups at sea
18. Montréal team
20. Helps
21. "Would I ___ you?" (2 wds.)
22. Picnic pest
23. *I, Robot* author Isaac
26. Alberta's northern member of the CFL
30. Alta. neighbor
31. Decorative stickers
34. Underground digging workplace
35. Québec peninsula
37. Canadiens member, familiarly
38. Distributed cards
39. Prevaricator
40. Medicinal amount
42. Lean-___: makeshift sheds
43. Where to find Kingston
45. Parliament's home
47. Bond creator Fleming
48. "Tell ___ I Love Her": 1960 teenage tragedy hit
50. Barroom projectile
52. Canada symbol (2 wds.)
56. Ontario-born Mandel of *Deal or No Deal*
57. With respect to, legal letter style (2 wds.)
58. Great Lake
59. Barbecue residue
60. Campfire entertainment
61. "And ___ word from our sponsor" (2 wds.)
62. Bovine sounds
63. My gal of song
64. 1917 revolution casualty

Down
1. Bric-a-___: knick-knacks
2. Bart Simpson's sister
3. Unclosed
4. "Relax" (2 wds.)
5. Icy precipitation
6. "___ evil, speak ..." (2 wds.)
7. Finishes
8. ___ Provinces: they're on the Atlantic
9. Gung-ho
10. Coat hooks
11. "Boo-o-o-o-o!"
13. Mourn
14. Online loan source
19. Electron tube
22. Blockhead
23. Non Francophone
24. Boyfriend in Shakespeare's time
25. "Can you show me where ___?" (2 wds.)
26. 1814-15 exile for Napoleon
27. Mazda introduced in 1989
28. At the minimum setting (2 wds.)
29. ___ good example: is a role model (2 wds.)
32. Doubled, a train
33. Certain batteries
36. Provinces between BC and 43-Across, familiarly
38. Raison _'___: reason for being
40. Uproar
41. Robert ___: Canadian-American singer and actor who starred as Lancelot in the 1960 Broadway musical *Camelot*
44. Bank posting
46. Artistic asset
48. Sri ___, formerly Ceylon
49. Taxing time
50. "Make it happen" (2 wds.)
51. *Horton Hears* ___: Dr. Seuss (2 wds.)
52. Bypass
53. Valentine personality
54. Stereo brand
55. Dread
56. Overacting actor

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	9	7	5		6			4
	6	1						9
3			8					
4	7				5			
	3	5				2	1	
			6				5	3
					8			6
2						5	7	
9			1		4	3	8	

Yesterday's Sudoku

2	8	7	4	1	6	9	5	3
1	3	4	2	9	5	6	7	8
5	9	6	3	8	7	1	2	4
6	2	3	5	7	4	8	1	9
4	1	8	9	3	2	7	6	5
9	7	5	1	6	8	3	4	2
8	4	1	6	5	3	2	9	7
7	6	2	8	4	9	5	3	1
3	5	9	7	2	1	4	8	6

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